



Professional Counsellor

Job Summary:

The Counsellor will work as a member of a multi-disciplinary team, and will provide a range of assessment and treatment services for individuals and families.

The Counsellor provides assessments, and one-to-one counselling utilizing a variety of traditional and modern therapies. As well as providing clinical focused therapies, the Counsellor provides referrals and consultation with other professionals who may assist the client in a path toward wholeness.

The Counsellor collaborates with other health care providers and community service providers to ensure a continuum of care in the community.

Terms of Employment:

- 1 year term, 35 hours/week (Monday - Friday)

Employment Conditions:

Qualifications:

- Recognized Degree in a mental health-related discipline required (e.g. Psychology, Social Work, Counselling).
- Active or eligible for registration with the applicable regulatory body in Alberta (CCPA, ACSW, CPCA)
- At least 3 years of community mental health experience, operating as a primary counsellor/therapist.
- Training/experience in various counselling and healing therapies.
- Being authorized to perform psychosocial interventions and having specific training related to family therapy is an asset.
- A solid foundation of clinical work is required to support the complex skills of engagement, clinical case planning and management, application of a wide variety of therapeutic models and modalities, and clinical and program consultation.
- Strong communication and interpersonal skills; able to work collaboratively and to contribute positively to change in emerging services/programs.
- Demonstrate leadership, organizational and clinical skills coupled with the ability to be self-directed and highly motivated;

160 Dickins Drive - Fort McMurray - T9K 1R4

Email: info@legacycounsellingcentre.org Website: www.legacycounsellingcentre.org

Work Setting:

Legacy Counselling Centre, 160 Dickins Dr., Fort McMurray,

Counselling Approaches:

- Addiction Counselling
- Crisis Intervention Counselling
- Christian Counselling
- Grief Counselling
- Marriage & Family Counselling
- Mental Health Counselling

Types of Therapy:

- Humanistic
- Person-Centered
- Short-Term
- Long-Term
- Individual/Couples/Marriage /Family

Counselling Issues:

- Self-Esteem / Self Growth
- Emotional dysfunction
- Behavioural disorders
- Disordered Eating
- Depression & Anxiety
- Anger management
- Stress Management
- Suicide intervention
- Post-traumatic intervention
- Parenting Support
- Communication/Conflict Resolution
- Divorce / Separation
- Couples / Relationships
- Harm Reduction/Relapse Prevention

Type of Clients:

Children, Youth, Adults, Couples, Families

Specific Skills:

Examine, assess and diagnose behavioural, emotional and cognitive disorders; Counsel clients and provide therapy; Counsel individuals and groups to achieve more effective personal, social and vocational development and adjustment.

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Essential Skills:

Reading text; Document use; Writing; Communication; Working with others;
Problem-solving; Decision making; Critical thinking; management of resources;
Significant use of memory; Finding information; Computer use; Continuous learning.
Perform administrative tasks; Use computer applications; Maintain accurate and
secure records.

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